



اِسْمِ

Athkkaar

(Daily Supplications from Quran & Sunnah)

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There are prescribed supplications for daily occasions. In this booklet we have selected the most occurring supplications based on authentic reports from the Quran and Sunnah. Remembering Allah is one of the most important acts of worship and righteous deeds, it should be done constantly, so do not limit your self to the times and occasions we have selected and remember Allah all the time.

For further reference and a greater variety refer to **Husn Al Muslim**

INDEX

Evening and Morning Supplications -----	1
Before Sleeping -----	6
The End of Every Gathering -----	9
Upon Entering & Leaving the Bathroom ---	9
Upon Completing Ablution -----	10
The Guidance Prayer -----	11
Upon Completing the Prayer -----	13

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We begin in the name of Allah, The Most Gracious, The Most Merciful

Evening and Morning Supplications أذكار الصباح والمساء

1- اللَّهُمَّ بِكَ أَصْبَحْنَا وَبِكَ أَمْسَيْنَا ، وَبِكَ نَحْيَا وَبِكَ نَمُوتُ وَإِلَيْكَ النُّشُورُ. « فِي الْمَسَاءِ أَمْسَيْنَا بَدَلًا مِنْ أَصْبَحْنَا ، وَإِلَيْكَ الْمَصِيرَ بَدَلًا مِنْ وَإِلَيْكَ النُّشُورُ » .

Allāhumma bika asbahna wabika amsayna, wabika nahya ,wabika namootu wa-ilaykanushoor. (In the morning)

Allāhumma bika amsayna wabika asbahna, wabika nahya ,wabika namootu wa-ilaykaalmaseer. (In the evening)

‘O Allāh, by your leave we have reached the morning and by Your leave we have reached the evening, by Your leave we live and die and unto You is our resurrection.(In the evening unto You is our return.)

2- اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ ، خَلَقْتَنِي وَأَنَا عَبْدُكَ ، وَأَنَا
 عَلَىٰ عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ ، أَعُوذُ بِكَ مِنْ شَرِّ مَا
 صَنَعْتُ ، أَبِوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبِوءُ بِذَنْبِي فَاغْفِرْ لِي
 فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ .

Allahumma anta rabbee la ilaha illa ant,
 khalaqtanee wa-ana A'abduk, wa-ana A'ala
 A'ahdika wawaA'dika mas-tataA't, aU'oothu
 bika min sharri ma sanaA't, aboo-o laka
 binil'matika A'alay, wa-aboo-o bithanbee,
 faghfir lee fa-innahu la yaghfiruth-thunooba
 illa ant.

‘O Allah, You are my Lord, none has the right to be worshipped except You, You created me and I am Your servant and I abide to Your covenant and promise as best as I can, I take refuge in You from the evil of which I have committed. I acknowledge Your favour upon me and I acknowledge my sin, so forgive me, for verily none can forgive sins except You.’

3- أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ . (3 مرات في المساء)

aA'oothu bikalimatil-lahit-tammati min sharri ma khalaq. (3 times in the evening).

'I take refuge in Allah's perfect words (including His revealed verses) from the evil He has created.' (3 times in the evening)

4- بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ . (ثلاثاً)

Bismil-lahil-lathee la yadurru maA'is-mihi shay-on fil-ardi wala fis-sama-i wahuwas-sameeU'ul-A'aleem. (3 times).

'In the name of Allah with whose name nothing on earth nor in the heavens has the ability to cause harm and He is The All-Seeing, The All-Knowing.' (3 times)

5- رَضِيتُ بِاللَّهِ رَبًّا وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ ﷺ نَبِيًّا . (ثلاثاً)

Radeetu billahi rabban wabil-islami deenan wabiMuhammadin ﷺ nabiyya. (3 times)

'I am pleased and satisfied with Allah as my Lord, and Islam as my way of life and Muhammad ﷺ as my Prophet.' (3 times)

6- سُبْحَانَ اللَّهِ وَبِحَمْدِهِ عَدَدَ خَلْقِهِ ، وَرِضَا نَفْسِهِ ، وَزِنَةَ عَرْشِهِ، وَمِدَادَ كَلِمَاتِهِ. (ثلاثاً في الصباح)

Subhanal-lahi wabihamdih, A'adada khalqihi warida nafsih, wazinata A'arshih, wamidada kalimatih. (3 times in the morning).

'Allah is the ultimate perfection and is the most worthy of praise, I praise Him by the number of His creations, by what pleases Him, by the weight of His throne, and by the ink of His words (which include his revelation (Quran & Sunnah.))' (3 times in the morning).

7- سُبْحَانَ اللَّهِ وَبِحَمْدِهِ . (مائة مرة)

Subhanal-lahi wabihamdih. (100 times)

'Allah is ultimate Prefection and is elevated above any imperfection and is the most worthy of praise.'

(100 times)

8- لا إله إلا الله وحده لا شريك له، له الملك وله الحمد،

وهو على كل شيء قدير. (عشر مرات)

La ilaha illal-lah, wahdahu la shareeka lah, lahumulku walahul-hamd, wahuwa A'ala kulli shay-in qadeer. (10 times)

'None has the right to be worshipped except Allah, alone, without any partner, to Him belongs all sovereignty and praise, and He is over all things omnipotent.' (10 times)

9- ﴿ قُلْ هُوَ اللَّهُ أَحَدٌ ﴿١﴾ ﴾

{Qul huwa Allahu ahad, Allahu assamad, lam yalid wa lam youlad, wa lam yakun lahu kufuwan ahad.}

[Al-Ikhlas # 112]

10- ﴿ قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿١﴾ ﴾

{Qul aU'oothu birabbilfalaq, min shari ma khalaque, wa min shari ghasiqin itha waqab, wa min sharinnafathati fil U'oqad, waminshari hasidin itha hasad}

[Al-Falaq # 113]

11- ﴿ قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿١﴾ ... ﴾

{Qul aU'oothu birabbinnas, malikinnas, ilahinnas, min sharil waswasil khanaas, alathi youwaswisu fi sudoorinnas, minaljinnati wannas.}

[An-Nas # 114]

Read the translation of the meanings for chapters 112, 113, 114.

Before Sleeping

أذكار النوم

12- ﴿ ءَامَنَ الرَّسُولُ بِمَا أُنزِلَ إِلَيْهِ مِنْ رَبِّهِ
وَالْمُؤْمِنُونَ ... ﴾

Amana arrasoolu bima unzila ilayhi min rabbihi walmu'minoona kullun aamana billahi wamala-I'katihi wakutubihi warusulihi la nufarriqu bayna ahadin min rusulihi waqaloo samil'na wa ataA'na ghufuranaka rabbana wa-ilaykalmaseer * La yukallifullahu nafsan illa wusA'aha laha ma kasabat waA'alayha maktasabat rabbana la tu-a'khithna in naseena aw akhta'na rabbana wala tahmil A'alayna isran kama hamaltahu A'ala allatheena min qablina rabbana wala tuhammilna ma la taqata lana bihi waA'fu A'anna waghfir lana warhamna anta mawlana fansurna A'ala alqawmi alkafireen.

Read the translation of the meaning of [Al-Baqarah: # 2 : 285-286]

13- " آية الكرسي "

Allahu la ilaha illa huwa alhayyu alqayyoom
la ta'khuthuhu sinatun wala nawm lahu ma fi
assamawati wama fi al-ard man thallathee
yashfaU'u I'indahu illa bi-ithnih yaA'lamu ma
bayna aydeehim wama khalfahum wala
yuheetoona bishay-in min I'ilmihii illa bima
shaa' wasiA'a kursiyyuhu assamawati wal-ard
wala yaooduhu hifthuhuma wahuwa
alA'aliyyu alA'atheem.

Read the translation of the meaning of #2:255

14- يَا سَمِيكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا .

Bismikal-lahumma amootu wa-ahya.

'In Your name O Allah, I live and die.'

15- اللَّهُمَّ قِنِي عَذَابِكَ يَوْمَ تَبْعَثُ عِبَادَكَ . (ثلاثاً)

Allahumma qinee A'athabaka yawma
tabA'athu I'ibadak. (3 times)

'O Allah, protect me from Your punishment
on the day You resurrect Your servants
(creation.)' (3 times)

‘(The Prophet ﷺ was addressing Ali and Fatimah-may Allah be pleased with them when they asked him for a servant) Shall I not direct you both to something better than a servant? When you go to bed say:

16- سُبْحَانَ اللَّهِ (ثَلَاثًا وَثَلَاثِينَ)

Subhanal-lah. (33 times)

‘Allah is ultimate perfection and is above any impertiction.’ (33 times)

17- الْحَمْدُ لِلَّهِ (ثَلَاثًا وَثَلَاثِينَ)

Alhamdu lillah. (33 times)

‘All praise is due to Allah.’ (33 times)

18- اللَّهُ أَكْبَرُ (أَرْبَعًا وَثَلَاثِينَ)

Allahu akbar. (34 times)

‘Allah is greater.’ (34 times)

...for that is indeed better for you both than a servant.’

The End of Every Gathering

كفارة المجلس

Supplication for the expiation of sins said at the conclusion of a sitting or gathering...etc

19- سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ.

Subhanakal-lahumma wabihamdik, ashhadu a'la ilaha illa ant, astaghfiruka wa-atoobu ilayk.

‘O Allah, you are ultimate perfection, I praise you. I bear witness that None has the right to be worshipped except You. I seek Your forgiveness and turn to You in repentance.’

Upon Entering & Leaving the Bathroom

دخول الخلاء والخروج منه

Before entering:

20- (بِسْمِ اللَّهِ) اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبْثِ وَالْخَبَائِثِ .
(Bismil-lah) allahumma innee aU'oothu bika minal-khubthi wal-khaba-ith

‘(In the name of Allah). O Allah, I seek refuge in you from all evil and evil-doers.’

After leaving:

21- غُفْرَانُكَ .

Ghufranak

‘I ask You (Allah) for forgiveness.’

Upon Completing Ablution

بعد الانتهاء من الوضوء

22- أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ.

Ashhadu a'la ilaha illal-lahu wahdahu la shareeka lah, wa-ashhadu anna Muhammadan A'abduhu warasooluh.

‘I bear witness that none has the right to be worshipped except Allah, alone without any partner, and I bear witness that Muhammad is His servant and Messenger.’

23- اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ.

Allahummaj-A'alnee minat-tawwabeena wajA'alnee minal-mutatahhireen.

‘O Allah, make me of those who return to You often in repentance and make me of those who constantly clean and purify themselves.’

The Guidance Prayer

الاستخارة

Supplication for seeking guidance in making a decision or choosing the proper course...etc (Al-Istikharah)

On the authority of Jabir Ibn A'abdillah رضي الله عنه, he said: ' The Prophet ﷺ would instruct us to pray for guidance in all of our matters, just as he would teach us a chapter from the Quran. He ﷺ would say ' If any of you intends to undertake a matter then let him pray two supererogatory units (two rakA'ah nafilah) of prayer after which he should supplicate:

24- اللَّهُمَّ إِنِّي أَسْتَخِيرُكَ بِعِلْمِكَ، وَأَسْتَقْدِرُكَ بِقُدْرَتِكَ،
وَأَسْأَلُكَ مِنْ فَضْلِكَ الْعَظِيمِ، فَإِنَّكَ تَقْدِرُ وَلَا أَقْدِرُ، وَتَعْلَمُ
وَلَا أَعْلَمُ، وَأَنْتَ عَلَامُ الْغُيُوبِ، اللَّهُمَّ إِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا
الْأَمْرَ خَيْرٌ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةِ أَمْرِي، فَاقْدُرْهُ لِي
وَيَسِّرْهُ لِي ثُمَّ بَارِكْ لِي فِيهِ، وَإِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الْأَمْرَ شَرٌّ
لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةِ أَمْرِي، فَاصْرِفْهُ عَنِّي وَاصْرِفْني
عَنْهُ وَاقْدِرْ لِي الْخَيْرَ حَيْثُ كَانَ ثُمَّ ارْضِنِي بِهِ .

Allahumma innee astakheeruka bil'ilmik, wa-
astaqdiruka biqudratik, wa-as-aluka min

fadlikal-A'atheem, fa-innaka taqdiru wala aqdir, wataA'lamu wala aA'lam ,wa-anta A'allamul ghuyoob, allahumma in kunta taA'lamu anna hathal-amr (state your need) khayrun lee fee deenee wamaA'ashee waA'aqibati amree faqdurhu lee, wayassirhu lee, thumma barik lee feeh, wa-in kunta taA'lamu anna hathal-amr sharrun lee fee deenee wamaA'ashee waA'aqibati amree fasrifhu A'annee wasrifnee A'anh, waqdur liyal-khayra haythu kan, thumma ardinee bih.

‘O Allah, I seek Your counsel by Your knowledge and I seek strength by Your power and I ask You from Your immense favour, for verily You are able while I am not and verily You know while I do not and You are the Knower of the unseen. O Allah, if You know this affair (here you state your need) to be good for me in relation to my religion, my life, and end, then decree and facilitate it for me, and bless me with it, and if You know this affair to be ill for me towards my religion, my life, and end, then remove it from me and remove me from it, and decree for me what is good wherever it be and make me satisfied with such.’

Upon Completing the Prayer

أذكار ما بعد الصلاة

25- " استغفر الله " (ثلاثاً)

'astghfirul-lah'.....(3 times)

I ask Allah for forgiveness.

26- " اللهم أنت السلام ، ومنك السلام ، تباركت يا ذا الجلال

والإكرام "

'Allhumma antas-salam waminkas-salam,tabarkta ya thal-jalali wal-ikram'.

'O Allah You are As-Salam and You are the source of all peace ,blessed are You ,O Possessor of majesty and honor'.

As-Salam : The One Who is free from all defects and deficiencies.

27- " لا إله إلا الله وحده لا شريك له ، له الملك وله الحمد ،

وهو على كل شئ قدير "

'La ilaha illal-lahu wahdahu la shareeka lah,lahul-mulku walahul-hamd,wahuwa A'ala kulli shayin qadeer'

'None has the right to be worshipped except Allah, alone, without any partner, to Him belongs all sovereignty and praise and He is over all things omnipotent'.

28- " لا حول ولا قوة إلا بالله "

'La hawla wala quwwata illa billah'

'There is no might nor power except with Allah'.

29- " لا إله إلا الله ، ولانعبد إلا إياه له النعمة وله الفضل وله

الثناء الحسن "

'La ilah illal-lah , wala naA'budu illa iyyah, lahun-ni'l'matu walahul-fadl walahuth-thana-ul hasan'.

'None has the right to be worshipped except Allah and we worship none except Him. For Him is all favor , grace, and glorious praise'.

30- " لا إله إلا الله مخلصين له الدين ولو كره الكافرون "

'La ilaha illal-lah mukhliseena lahud -deen walaw karihal-kafiroon.

'None has the right to be worshipped except Allah and we are sincere in faith and devotion to Him although the disbelievers hate it'.

31- "اللهم لا مانع لما أعطيت ، ولا معطي لما منعت ، ولا ينفع
ذا الجد منك الجد "

'allahumma la mani'l'a lima aA'tyat, wala
muU'tiya lima manaA't , wala yanfaU'u thal-
jaddi minkal-jad'.

'O Allah , none can prevent what you grant
and not can give what you prevent, and no
wealth or majesty can benefit anyone, as from
You is all wealth and majesty.

32- " سبحان الله ، والحمد لله ، والله أكبر . " (ثلاثاً وثلاثين)

'Subhanal-lah, Alhamdu lillah, Allahu akbar'
(33 times)

'Allah is ultimate perfection free from any
Flaws and imperfections, all praise is due to
Allah, Allah is greater.'

33- " آية الكرسي . "

Allahu la ilaha illa huwa alhayyu alqayyoomu
la ta'khuthuhu sinatun wala nawm lahu ma
fissamawati wama fi al-ard man tha allathee
yashfaU'u l'indahu illa bi-ithnih yaA'lamu ma
bayna aydeehim wama khalfahum wala
yuheetoona bishay-in min l'ilmihillaha illa bima

shaa' wasiA'a kursiyyuhu assamawati wal-ard
wala yaooduhu hifthuhuma wahuwa
alA'aliyyu alA'atheem.

Read the translation of the meaning of #2:255

34- ﴿قُلْ هُوَ اللَّهُ أَحَدٌ ﴿١﴾﴾

{Qul huwa Allahu aḥad, allahu assamad, lam
yalid, wa lam yulad, wa lam yakun lahu
kufuam ahad. } [Al-Ikhlas # 112]

35- ﴿قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿١﴾﴾

{Qul aU'oothu birabbi alfalaq, min shari ma
khalaque, wa min shari ghasiqin itha waqab, wa
min shari anna fathati fil U'oqad, wa miin shari
hasidin itha hasad. } [Al-Falaq # 113]

36- ﴿قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿١﴾ ...﴾

{Qul aU'oothu birabbinnas, malikinnas,
ilahinnass, min shari al waswasilkhanaas,
alathi yu waswisu fi sudoorinnasss,
minaljinnati wannass. } [An-Nas # 114]

Read the translation of the meanings for
chapters # 112, 113, 114.